

Worldview Journey Knowledge

Questions/topics addressed in each video lecture

Video 1: INTRO

- Why do we do this program and how is it related to the crisis in our world?
- What is needed from future professionals to be successful?
- What is transformative learning and how is it different from traditional learning?
- What are the potential benefits of participating in this program?
- What can I expect from participating in this program?
- How can I get the most out of this program?

Video 2: EXPLORE

- What are worldviews?
- What are the major questions worldviews give answers to?
- What are the important functions worldviews fulfil?
- Does everyone has a worldview or are they optional?
- Where do our worldviews come from?
- What do we know about worldviews from (developmental) psychology?
- What do we know about worldviews from sociology?
- Are worldviews individual or collective phenomena?
- Are worldviews interior or exterior phenomena?
- How is 'worldview' related to other concepts, like paradigm, ideology, mindset, culture, and religion?
- What are the 'world-shaping' powers of worldviews, and how do these 'work'?

Video 3: EXPLORE

- How can we examine our worldviews, especially considering we necessarily do this from the perspective of our worldview?
- How was the Worldview Test developed?
- When and how do worldviews change?
- What are the four major worldviews the Worldview Test distinguishes between?
- What are the limitations of this model?
- What do the findings of the *World Values Survey* teach us about (changing) worldviews?
- What are ideal-types and why do we need to understand these worldviews as ideal-types?
- How to understand and relate to these worldviews? With what kind of attitude should we approach them?

- What is important to know about each of the four worldviews?

Video 4: EXCHANGE

- Why is it beneficial and important to exchange across worldviews?
- What is societal polarization?
- What should one be aware of when exchanging across worldviews/differences?
- What is identity/worldview-threat?
- What is the inner alarm system (sympathetic nervous system response)?
- What are us-versus-them dynamics?
- How and why do humans use prejudice to cope with differences/threat?
- What are biases and what is their function?
- What is confirmation bias?
- What is the echo-chamber effect?
- What is the tendency to 'ideologize' our worldviews?
- What is the difference between worldview and ideology?
- How may we use an understanding of worldviews in problem-solving and policy-making?

Video 5: EXCHANGE

- How can we constructively exchange across worldviews in practice?
- What is a learning or growth mindset?
- How can we cultivate such a learning mindset?
- What does neuroscience tell us about the growth mindset?
- Why do we need to be aware of our inner alarm systems when exchanging across worldviews/differences?
- What are the symptoms of an activated inner alarm system?
- How to turn off the inner alarm system?
- What does the research tell us about the role the practice of mindfulness can play in all this?

Video 6: EXPAND

- What is a planetary perspective?
- Why are planetary perspectives crucial at this time of planetary crisis?
- How can we cultivate a planetary perspective?
- What is perspective-taking, and why is it potent?
- What are the foundational perspectives in perspective-taking?
- What are different perspectives on / understandings of nature?
- What does the research tell us about the profound benefits of contact with nature?

- What is nature-connectedness and what does the research tell us about it?

Video 7: EXPAND

- How has the relationship between humans and nature - and humanity's self-understanding in the larger whole - changed throughout time?
- How did indigenous worldviews tend to understand and relate to nature? Or: What is the state of 'original participation' with nature?
- How did the traditional worldview empower the emerging human-nature dualism?
- What is 'disenchantment' and how did the modern worldview both liberate and separate humans from nature?
- What scientific and philosophical breakthroughs started shifting our self-understanding away from the modern worldview?
- What does the shift from a modern (objectivist) to a postmodern (subjectivist/constructivist) worldview mean for our relation to nature?
- What is the postmodern critique of modernity's human-nature dualism, and what are its solutions?
- How does the integrative worldview differ from the postmodern in its understanding and proposed solutions?
- What are the potential roles of each of the different worldviews in responding to the crisis of our times?